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**RE: Possible Medical Advocacy Teaching and Discussion Topics**

**Types of Medical Advocates**

- **Patient Advocates**
- **Health Advocates**
- **Patient Navigators**
- **Ombudsman**
- **Medical Ethics Boards**
- **Healthcare Advocates**
- **Clinical Advocates**
- **Lay Advocates**
- **Concierge Practitioners**

**Different needs for:**

- **The Patient**
- **Family**
- **Friends**

**Helping family and close friends**

**Creating change:**

- **With the Patient**
- **In Family**
- **In the physicians**

**Initial appointment: principles, length**

**Diagnosing False Hopelessness**

**Formulating Goals of Work Together**

**Setting specific tasks and timelines**

**Evaluation of progress**

**Evidence-based medicine vs. evidence-limited medicine**

**Experimental medicine, clinical trials, compassionate use**

**Integrative Medicine, types of practitioners:**

- **Osteopaths**
- **Naturopaths**
- **Chiropractors**
- **TCM/acupuncturists**
- **Homeopaths**
- **others**

**Off-label use of medications**

**Alternative and underground therapies**

**Obtaining records, involving the patient/family in that**

**Researching a Case**

**Pre-publication research**

**Making Contact with Researchers**

**Referrals:**

- **second opinions/different treatments locally**
- **second opinions/treatments nationally/internationally**

**Not becoming the treating doctor**

**Scheduling follow up**

**Billing and business aspects**